



What is NIKO?

Definition: NIKO is a Greek word pronounced nee-ko. It means to subdue, conquer, overcome, prevail, and get the victory.

NIKO is a three-day wilderness leadership training program where you take risks to discover more about who God has made you to be.

Your learning environment will be the great outdoors, the "classroom of life".

As an individual or a group, you learn to surrender your individual rights and learn new levels of interdependence with others. The most important aspect is to grow in your dependence on God.



INFORMATION

NIKO is part of a worldwide activity run by KKI (King's Kids International). It is an outdoors experience designed to challenge young people and youth leaders (of all ages) into a deeper relationship with God while developing their leadership potential and preparing them for cross culture missions.

NIKO lets you learn in the classroom of life by doing instead of only listening. This hands-on team experience teaches you to grow in interdependency. The lessons experienced during NIKO will help you understand more about yourself and the gifts God has given you. You will begin to learn what motivates you and about your unique leadership style. A high priority is placed on teamwork and perseverance. You will be challenged to use your initiative, creativity, compassion, responsibility, and confidence through serving others. At the same time, you will learn more about the others in your team, their unique gifts, leadership style, strengths and weakness, which will empower and prepare you for the outreach phase of DTS.

NIKO will challenge you to discover your mental, physical, spiritual, emotional strengths and weaknesses. Your relationship with God and others will be tested and/or proven through this experience and its physical challenges. You will learn to confront issues of leadership and personal growth. You will be required to face and overcome many obstacles that will help you when you encounter future life decisions.

YOU WILL LEARN MORE ABOUT:

Leadership:

Understanding our influence. Leadership is not about who is smarter or tougher, but about the qualities we all have, or can work on.

Surrender:

The laying down of my will for God's will. When I embrace God's will with mine, then He can do what He wants.

Teamwork:

Everything we do or don't do affects somebody else. "Each of you should look not only to your own interests, but also to the interests of others." Phil. 2:4

Servant hood:

Servant hood is the outward expression of inward surrender. Service is action born out of motive.



APPLICATION FORM

NIKO – RECIFE



PERSONAL INFORMATION

Name: _____ Birth Date: ____/____/____ (day/month/year)

ID Number: _____ Passport Number: _____

Address: _____ City/ State _____ Post Code: _____

Phone number: _____ E-mail: _____

In case of an emergency, contact:

Name: _____ Relation: _____ Phone: _____

Name: _____ Relation: _____ Phone: _____

Health Insurance or Health Plan (in case you have one): _____

MORE INFORMATION:

- Did you ever participate in a NIKO camp before? _____ If so, where and when? _____

- What are your expectations about this training?

- Would you be willing to participate in NIKO, if it wasn't a mandatory part of the DTS curriculum? _____

- Are you willing to try new foods? () Yes () No

- If you need to stay a day or more without taking a shower, will be a problem for you?

() Yes () N () It would be a challenge, but not cause you any trouble.

- What is your T-shirt size ? () S () M () L () XL () XXL () Other

FITNESS:

1 - Do you play any sports? _____ Which? _____

2 - Are there certain types of physical activity in which you are unable to participate? _____ Which? _____

3 - Do you have any health problems? _____

4 - Do you have any allergies? _____ Which ones? _____

5 - Do you take any specific medications? _____ Which ones? _____

POR FAVOR, ENVIAR ESTE FORMULÁRIO DE VOLTA PARA:

JOCUM Recife (King's Kids) - Caixa Postal 64 - Camaragibe - PE - CEP 54.765-970

Fone: +55 (81) 3458-2684 - E-mail: niko@jocumrecife.org.br



ACKNOWLEDGEMENT OF RISKS AND LIABILITY RELEASE

We acknowledge that there is a element of risk in any activity. We are completely aware of the risks and dangers inherent in activities such as:

- 1 – Hiking;
- 2 - Chance of encountering wild animals, reptiles and bugs;
- 3 – Chance of encountering streams, to which may be necessary to cross;
- 4 – Trust exercises and other game activities;

Some of the risks contained in the above mentioned activities (in order):

- 1 – Isolation, heart problems, dehydration, blisters, ankle sprain, etc.
- 2 – Bug bites, stings, allergic reactions, etc.
- 3 – Falls or hiking among rocks.
- 4 – Falls and muscles sprains.

I certify that I have the abilities and dexterities to participate on the mentioned activities, assuming all the responsibility by myself, for things such as personal injury, loss of personal belongings, and by possible expanses as a result of my negligence as a participant in the activities. In the activities of extreme danger, I submit myself to the technical responsibility of the staff of NIKO/YWAM. These shall certify that all details and prevention measures for security has been placed at the disposal of the participant. I also agree in following the rules or instructions given to me verbally or written. YWAM is assigned the right of refusing the participation of anyone who has been deemed incapable of facing the demands and requirements of NIKO. I also take responsibility in bringing all the material indicated on the list of necessary items for the training.

I have read, understand, and agree with the terms and conditions established in this document, and subscribe.

Participant's Signature

Parents' Signature / Responsible Adult (only for persons under 18)

TERM OF RELEASE FOR MEDICAL AND EMERGENCY TREATMENT

I give my permission, for any emergency treatment that may be needed in case of accident or condition in which I may be found unconscious or unable to approve the required medical treatment.

Participant's Signature

Parents' Signature / Responsible Adult (only for person's under 18)



WHAT TO BRING FOR NIKO

All participants are responsible for bringing ONLY ONE OF the items listed. If you bring some extra item, without permission in advance (except for prescribed medication) they will be temporarily confiscated and returned at the end of camp. Note: Food will not be returned.

ITEM	QUANTITY	CHECK
1. Bible	1	
2. Pen	1	
3. Notebook or dairy	1	
4. Comb or brush	1	
5. Toothbrush	1	
6. Sun Block	1	
7. Lip Protector	1	
8. Mosquito Repellent	1	
9. Sun Glasses	1	
10. Hat or sun visor	1	
11. Pants (jeans)	2	
12. Long sleeved shirt	1	
13. Short sleeved shirt	3	
14. Shorts	1	
15. Jacket (should be water resistant)	1	
16. Sweater	1	
17. Bath towel	1	
18. Sanitary napkin or tampon	Free	
19. Underwear (panties, bras or boxers)	4 pairs	
20. Bathing suit (decent)	1	
19. Socks	3 pairs	
21. Sneakers or hiking boots (that can get wet)	1 pair	
22. Sneakers (for when your not hiking)	1 pair	
23. Flip flops or sandals	1 pair	
24. Small back pack for the things you need during the day	1	
25. Big back pack for all your things	1	
26. Sleeping bag (preferably if is "mummy" tip) or a small mattress	1	
27. Plastic bags to put your things in	Free	
28. Garbage bag to put your big back pack in	1	
29. Rain coat or poncho	1	
30. Swiss knife	1	
31. Plate or plastic bowl	1	
32. Glass or a cup	1	
33. Fork & spoon	1	
34. Water bottle (2 liters or 2 of one liter)	1	
35. Flash light	1	
36. Extra batteries	Free	
37. Camera (not cell phone)	1	

Note1: 1. The clothes you are wearing will count as part of the listed items. 2. Do not bring luggage, because in some of the places it will be inaccessible.

Note2: Some items may be exchanged. For example: If you wish to exchange a long sleeve shirt for another T-shirt, the exchange can be made.

Note3: It is not mandatory to take all items, but cannot add anything that is not on the list.

Note4: Bring an extra set of clothes in a bag with your name for you to use to return home.

Note5: Bring a colour copy of the front and back of your identity.

NOTE JUST FOR WOMEN:

1. Remember, four pairs of panties mean four pairs of bras as well. At least one sports bra (top) is recommended;

2. Sanitary napkin or tampons (required). With increasing exercise, your period may come earlier or more intense than normal. It is important to be prepared even if you think it still is not the time.

If you have any questions please contact us!